
ORDER OUT OF CHAOS®

ADHD ATHLETE COACHING ACADEMYSM

*When Coached with Understanding, Your
Athlete Knows No Limits*



Coaching Services - Student Products

ADHD ATHLETE COACHING ACADEMYSM

Neurodivergent brains are wired differently. And although the differences can be invisible, they're very real. And they rule **EVERYTHING** about how your athlete participates in sports, school, and life. If their differences are misunderstood or not recognized, they can become fearful, angry, or stressed out. They may disrupt practice, show up late or unprepared, and even get kicked off the team.

***“A good coach can change a game.
A great coach can change a life.”
– John Wooden***

Through our ADHD Athlete Coaching Academy, we work virtually with students to help them navigate their unique challenges, pressures, and demands that come with being a student-athlete with ADHD. We offer customized support to help them develop the tools, strategies, and mindset needed to balance academics, sports, and life.

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WHAT SETS US APART

- ✓ 20 years experience of in providing hands-on education, guidance, and coaching to tens of thousands of parents and their students through Order Out of Chaos' customized products and programs.



- ✓ The ADHD Athlete Coaching Academy isn't just about grades and sports – we focus on developing the whole student-athlete. Our holistic approach addresses the academic and athletic aspects of a student's life, ensuring they excel on **EVERY** playing field.

WHAT TO EXPECT

- ✓ We create a personalized game plan that aligns with your student's goals, needs, and time! With our one-on-one coaching, your student will discover their best study routines, time management techniques, and organizational skills tailored to their ADHD brain.

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WHAT WE WORK ON

- ✓ **Game-Changing Study Strategies**
- ✓ **Building Confidence & Resilience**
- ✓ **Time Management Mastery**
- ✓ **Routines & Rituals**
- ✓ **Motivation**
- ✓ **Organizational Skills**

WHAT ARE THE BENEFITS

- ✓ **Improved Academic Performance**
- ✓ **Boosted Confidence**
- ✓ **Enhanced Athletic Performance**
- ✓ **Effective Stress Management**
- ✓ **Long-Lasting Strategies**
- ✓ **A Coach In Your Corner Every Day**



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ABOUT YOUR COACH

John Gasser is a seasoned ADHD coach, academic success strategist, and expert in helping students with ADHD thrive. With years of experience working with student-athletes, John understands the unique challenges they face both on and

off the field. A lifelong athlete, John has excelled at all levels: as a three-sport varsity athlete in high school and as a four-year Division I swimmer at Lafayette College. Prior to becoming a coach, John enjoyed a successful career in sports marketing.



ABOUT ORDER OUT OF CHAOS®

Order Out of Chaos is the pre-eminent academic/student coaching company. Our mission is to provide hands-on education, guidance and coaching to parents and their students through our customized products and programs, so all children can develop the necessary skills needed to experience success in learning and in life. Order Out of Chaos was founded by Leslie Josel, internationally recognized expert on ADHD and executive functioning in students.

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**TO LEARN MORE ABOUT THE ADHD
ATHLETE COACHING ACADEMY
VISIT OUR SITE OR CONTACT US:**



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